

July 2025



# Aphasia Lab Newsletter

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[www.pdx.edu/speech-hearing-sciences/aphasialab](http://www.pdx.edu/speech-hearing-sciences/aphasialab)



## New Virtual Group



### Kindness: Finding a Positive Way Forward Group

**Share** or **listen** to **personal experiences**, **support** and **learn** from each other, build **friendships**, and encourage **healing**.

**Trained Leaders:** Brad and Mike, stroke survivors with aphasia

**Members:** Stroke and traumatic brain injury (TBI) survivors, ages 30s - 50s

**Where / When:** Zoom meetings every Tuesday 10:30 - 11:30am PST

\*summer break, **restarts September 16th\***

**Contact for Zoom link:** [bradmikekindness@gmail.com](mailto:bradmikekindness@gmail.com)



Hear Brad and Mike on the  
**Beyond Stillness Podcast**

**Brad McKenzie's Interview:** May 17<sup>th</sup>, 2025

**Mike King's Interview:** March 2<sup>nd</sup>, 2025

[www.beyondstillness.org/listen-here](http://www.beyondstillness.org/listen-here)

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# Resilient Seed Healing Farm

“Cultivate **resilience**, **community**, and **healing** in people living with brain injuries through **accessible farming**.”

- Farm **volunteers** welcome!
- Attend **free public events** and **workshops**
- **Event information** and **RSVPs** online

[www.resilientseedhealingfarm.com/getinvolved](http://www.resilientseedhealingfarm.com/getinvolved)

- Contact Kylie - brain injury survivor, farmer, educator  
[info@resilientseedhealingfarm.org](mailto:info@resilientseedhealingfarm.org)



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## Brain Friends: The Podcast

Season 3 is live! Listen at <https://brainfriends.buzzsprout.com>



- Hosted by **Angie Cauthorn**, a two-time stroke survivor with aphasia
- **Real talk** about **stroke**, **aphasia**, **brain health**, and **recovery**
- Discuss **research**, roadblocks, and making neurorehabilitation more **equitable** and **inclusive**